

PRIDE SPORTS USA^{COM}

Pride Sports USA - Dodgeball Official Rules PrideSportsUSA.com

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Pride Sports USA is an adult sports organization consisting of all genders, sexualities and races ranging from 20-80 years old. Games are played with 4-5 players per game. 40 min games. For the enjoyment of the game, proper respect and sportsmanship is required of all participants toward one another. Fighting is not tolerated. There is a zero tolerance for discrimination towards race, gender, sexual orientation or anything for that matter. There is also a zero tolerance for unsportsmanlike behavior.

First Rule of Pride Sports USA - Basketball is to HAVE FUN!

1. The Court

The following are the official dimensions for a regulation court, but depending on each venue this might vary. a. Full court will or two semi-full courts will be used. If full court, teams will play with 5 players, if the semi-full courts teams will play with 4 players.

2. Equipment/Uniforms

a. Regulation basketball will be used. NCAA regulation basketball.

b. All players must have Pride Sports USA uniforms as their official team uniform in order to participate in the games. If a player does not have on their uniform the player can not play and no refunds for the games missed will be given.

c. Subs uniforms: Only subs can play with out a uniform but must wear a solid black shirt with no logos shown. Each team captain should have an extra black shirt, this shirt will be used for the subs.

Uniform modifications - The only alterations that can be made to the uniform is cutting the sleeves and belly of the shirt. The Pride Sports USA Logo, and sponsors/ anything printed on the back must not be touched or cut into. Players can NOT print on, draw on or alter anything else on the uniform. If a player prints or draws on their jersey they will have to pay \$29 to replace it and can not play. Pride Sports USA does not allow players to wear gloves. (Players can tape their fingers)

3. Players/ Team Size

a. Teams consist of no more than 8-10 players (Depending on court size)

- b. 4-5 players maximum on the court at the start of each match depending on court size.
- c. All teams need 4 players in uniform ready to go at the scheduled match time for the match to be counted. If a team has 2-3 or less players at the game start time (depending on court size), the game will be reported as a 7-0 loss forfeit. The teams are encouraged to play and have a scrimmage in the case of this.
- d. Teams may consist of all genders, however many or few of any gender. All genders/sexualities/skill levels/and ethnicities are welcome to join us!
- e. If teams are short on players they can not pull players on other teams.
- f. If teams are short on players they can take the forfeit and then pull players to fill up their team, but again, the games will be a forfeit.
- g. If a team only has 3-4 players and their opponent has 4-5. That match will be played 3-4 players vs 4-5 players (Depending on court size).

4. Substitutions

Substitutes are players that are not registered league members. If a team is short on players they may ask friends that are not playing in the league already, to come help their team that week. Each substitute must register online and pay a \$15 for that week at PrideSportsSubs.com. The substitute must register for every week they play. Substitutes must register make their own account and must physically register themselves.

Substitutes are not allowed in playoffs

When is my team allowed to have subs?

If your team has 5-6 (depending on court size) or more players on your roster attend the games that week, no subs will be allowed.

If your team has 4-5 (depending on court size) players on your roster attend, you are allowed 1 sub.

If your team has 3-4 (depending on court size) players on your roster attend, you are allowed 2 subs.

2 subs is the MAX number of subs allowed to play on a single team.

5. Games

A regulation season game consists of two teams playing two 20 mins halves.

OVERTIME Regular season game – If the game is tied after regulation, a sudden death overtime period will be played. First team to score 1 point wins the game.

Playoff Games – Games will follow the same rules as regular season games.

6. Beginning Play

A jump ball at mid court will start the game, clock will start once the ball is touched.

7. Scoring

Depending on the court – if the court does not have a 3-point line, all baskets will count as 2 points. Free throws will count as 1 point. If there is a 3-point line, all baskets made beyond the 3-point line will count as 3 points.

8. Time Outs

Each team will have a total of 3 timeouts for the game, including overtime.

9. Fouls

Individual player fouls will not be counted towards a player for disqualification. Team fouls will count. Once a team commits the 7th foul in the half, the opposing team will shoot an one-in-one. Once a team commits the 10th foul in the half, the opposing team will shoot two free throws. Fouls in the second half will carry over into overtime. If a team commits a foul during the act of shooting, the shooter will be awarded two free throws. If the shooter made the shot while being fouled, the basket will count and the shooter will be awarded one free throw.

10. Out of Bounds

Depending on the court, the perimeter lines are out of bounds. Referees will determine whether the play is out of bounds.

11. Shot Clock

There is no shot clock in the game

12. Clock

The clock is a running clock. The clock will only stop if a team calls a timeout. In the last two minutes of the second half, if the game is 10 points or less, the clock will stop on all dead ball plays. If during the final two minutes a team goes up by 11 points or more, the clock will become a running clock. Once the clock is a running clock in the last two minutes of the game, it will remain a running clock for the rest of the game.

13. Basketball Rules

Referees will call the game based on NCAA rules.

14. Technical Fouls

If a player received two technical fouls during the game, they will be ejected from the remainder of the game. They will not be allowed to play in the following game and their team cannot pick up a sub to replace the missing player.

Code of Conduct Captains are the only players to communicate with officials over a call. Officials agree to make the best calls they can. If you have a concern about an official, please have your captain address it with a league manager asap. I agree to control my temper and not retaliate, even if I believe I have been wronged.

Respect the game

Racism, discrimination and hate speech are not permitted and will result in immediate removal from the league.

Be a good sport No trolling, flaming or baiting comments allowed. Be a team player, make new friends and have fun.